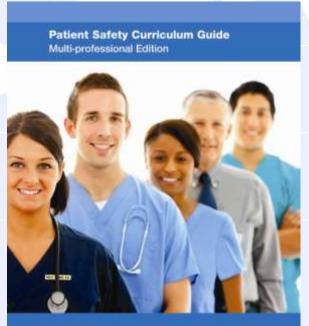
Topic 8

Engaging with patients and carers









Learning objective

Understand the ways in which patients and carers can be involved as partners in health care, both in preventing harm and learning from an adverse event

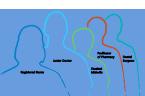




Knowledge requirements

- Basic communication techniques
- Informed consent procedures
- The basics of open disclosure





Performance requirements

- Actively encourage patients and carers to share information
- Show empathy, honesty and respect for patients and carers
- Communicate effectively
- Obtaining informed consent
- Show respect for each patient's differences, religious and cultural beliefs and individual needs
- Describe and understand the basic steps in an open disclosure process
- Apply patient-engagement thinking in all clinical activities
- Demonstrate ability to recognize the place of patient-and carer-engagement in good clinical management



Gaining an informed consent

- The diagnosis
- The degree of uncertainty in the diagnosis
- Risks involved in the treatment
- The benefits of the treatment and the risks of not having the treatment
- Information on recovery time
- Name, position, qualifications and experience of health workers who are providing the care and treatment
- Availability and costs of any service required after discharge from hospital





SEGUE framework

- Set the stage
- Elicit information
- Give information
- Understand the patient's perspective
- End the encounter

Source: Northwestern University





Cultural competence

- Understand cultural differences
- Know one's own cultural values
- Understand that people have different ways of interpreting the world
- Know that cultural beliefs impact on health
- Be willing to fit in with the patient's cultural or ethnic background



Patient role in minimizing adverse events

- Patients want to be involved in their health care (depending on which tasks)
 - 85% of patients were comfortable asking about a medication's purpose
 - 46% were very uncomfortable about asking health-care workers whether they had washed their hands





Open disclosure

Informing patients and their families of bad outcomes of health-care treatment, as distinguished from bad outcomes that are expected from the disease or injury being treated





Key principles of open disclosure

- Openness and timeliness of communication
- Acknowledgement of the incident
- Expression of regret/apology
- Recognition of the reasonable expectations of the patient and their support person
- Support for staff
- Confidentiality



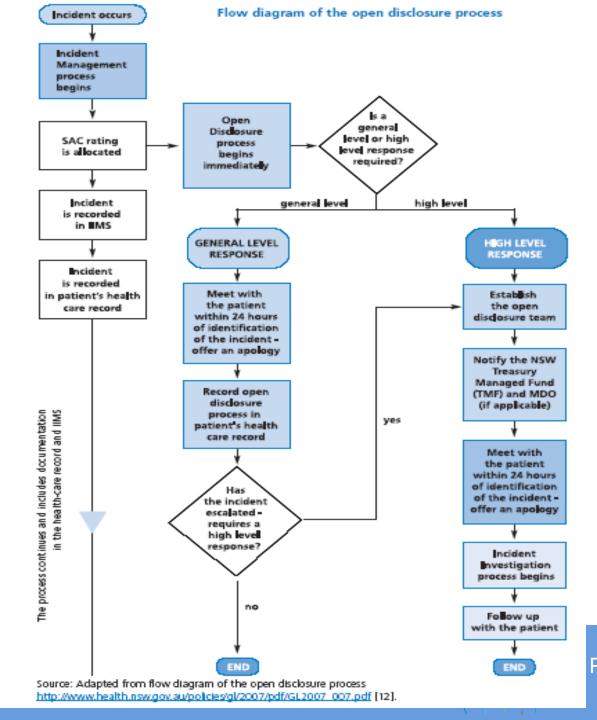






last updated: Wednesday August 29 2007

Source: http://www.health.nsw.gov.au/quality/opendisc/index.html



Flow diagram of the open disclosure process

Harvard Framework

- Preparing
- Initiating conversation
- Presenting the facts
- Actively listening
- Acknowledging what you have heard
- Concluding the conversation
- Documentation

Source: Harvard Hospitals. Cambridge, MA, Harvard University, 2006





SPIKES

- Sharpen your listening skills
- Pay attention to patient perceptions
- Invite the patient to discuss details
- Know the facts
- Explore emotions and deliver empathy
- Strategize next steps with patient or family

Source: R. Buckland



